

JOHN HIERHOLZER, MD

WELLNESS CENTER PHYSICIAN

SAN ANTONIO, TEXAS



PRACTICE PHILOSOPHY

My approach to medicine is to care for and love my patients as the wonderfully made creations they are. I strive to really listen to the patient, look at the whole person, thoroughly explain findings, provide excellent education, and partner with them on the plan of care.

"So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless."

– 1 Corinthians 15:58

A native Texan, Dr. John David Hierholzer was born and raised in San Antonio. He graduated from Texas A&M University in College Station, where he majored in Biology with a minor in Chemistry. He earned his Doctor of Medicine degree from The University of Texas Houston Medical School and completed his Family Medicine residency at Memorial Family Medicine Residency Program in Houston. In addition, he completed an internship in Pathology at The University of Texas Health Science Center San Antonio.

Dr. Hierholzer is Board Certified in Family Medicine as a Diplomat of the American Board of Family Medicine. He is passionate about many aspects of medicine, including prevention and treatment of cardiovascular disease and diabetes. Dr. Hierholzer is also skilled in emergency and urgent care, as well as care of sports injuries. He has served on short-term international medical missions to Guatemala and Haiti.

In his free time, Dr. Hierholzer enjoys spending time with his wife Jennifer, and their five children.